DZO Najaarsmeeting: Session: 1: Startlist per athlete for TEAM: GBZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Goethem Niels

PB => Personal Best time

Athlete: DE RYCK SEPPE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE MEN 11+	5	5	3	04:18.12	04:32.56	11:04	00:36
100M MEDLEY MEN 11+	8	6	6	01:08.88	no time	11:40	

Athlete: DE WITTE FIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	1	4	05:26.74	no time	09:50	02:19
100M BACKSTROKE WOMEN 11+	11	3	6	01:19.17	01:21.01	12:09	

Athlete: DHONDT LINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	2	3	06:11.06	06:15.44	09:58	01:23
100M MEDLEY WOMEN 11+	7	4	6	01:29.80	no time	11:21	

Athlete: HOTTINGER NYAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	7	5	04:55.69	no time	10:31	01:26
50M FREESTYLE WOMEN 11+	9	5	4	00:29.22	00:29.75	11:57	

Athlete: KRIJNEN LOUIS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
200M FREESTYLE MEN 11+	3	2	5	no time	no time	09:33	01:57
100M MEDLEY MEN 11+	8	2	1	no time	no time	11:30	

Athlete: LEFEBRE ELENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	1	1	06:29.70	no time	09:50	02:36
100M BREASTSTROKE WOMEN 11+	13	5	2	01:28.69	01:39.81	12:26	

Athlete: SCHEERS JASMIJN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	2	4	no time	06:15.97	09:58	01:57
50M FREESTYLE WOMEN 11+	9	3	1	00:34.18	00:32.84	11:55	

Athlete: THIELMAN PAULIEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 11+	4	6	1	05:43.59	05:24.93	10:25

100M BACKSTROKE WOMEN 11+	11	3	4	01:10.67	01:15.06	12:09	01:44

Athlete: VAN DAELE GILLES

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE MEN 11+	5	1	3	no time	no time	10:37	00:53
100M MEDLEY MEN 11+	8	2	4	01:13.54	no time	11:30	

Athlete: VAN OEVELEN NOAH

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE MEN 11+	5	3	3	05:05.14	no time	10:52	00:46
100M MEDLEY MEN 11+	8	5	3	01:12.56	no time	11:38	

Athlete: VEREECKEN LARA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	4	3	05:36.33	05:47.16	10:12	01:12
100M MEDLEY WOMEN 11+	7	5	4	01:21.32	no time	11:24	

Athlete: VERHOFSTEDE LENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
400M FREESTYLE WOMEN 11+	4	3	4	05:51.51	no time	10:05	02:04
100M BACKSTROKE WOMEN 11+	11	3	1	01:16.40	01:25.16	12:09	

Athlete: VERMIJLEN THOR

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime	
200M FREESTYLE MEN 11+	3	1	2	no time	no time	09:29	02:01
100M MEDLEY MEN 11+	8	2	2	no time	no time	11:30	